PROBLEM GAMBLING

MID-HUDSON

RESOURCE CENTER

Here to Help



The Mid-Hudson Problem Gambling
Resource Center (PGRC) is a program of the
New York Council on Problem Gambling
dedicated to addressing the issue of problem
gambling within New York State. The vision
of the PGRC is the positive transformation of
lives harmed by problem gambling. This
vision of transformation includes individuals
with gambling disorders as well as their
families and communities.

PGRC Services

Education & Training
Referral
Assessment
Treatment
Recovery Support

Every day thousands of people gamble. As you might guess, a lot of these people are just having fun or hoping to win the big jackpot people are talking about. However, there are actually a significant number of individuals for whom these activities are as addictive as any drug. Therefore, in its best sense, "Here to Help" means helping these people find recovery, restoration and the potential for personal freedom. With a focus on supporting the individual and reducing barriers to care, the Problem Gambling Resource Center is the premier organizations providing problem gambling services in New York State.

The PGRC focuses efforts on:

- Increasing public awareness of problem gambling
- Connecting clients with treatment, recovery and support services
- Working with the gaming industry to promote responsible gambling
- Promoting healthy lifestyles which foster freedom from problem gambling

PGRC

Mid-Hudson

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